

# Caregivers Join Us for a Day of REST!



Learn more about Responding to Dementia Related Behaviors & Effective Communication and Self-Care Experiences.

Lunch will be provided

Laura DeLoye, from the Alzheimer's Association, will share the latest Tips and Tools of Dementia Communication. Respite will be offered at the CAPSLO Adult Day Center at no cost.

Saturday, Oct. 23, 2021

10am-1pm

St. James Church, Paso Robles

This is a Free Event

**RSVP by calling Mara Whitten at the CAPSLO Adult Day Center at (805)239-5679 by October 18.**



alzheimer's  association®