

## Volunteer Opportunities

Providing a Meal  
Helping Prepare a Meal  
Serving a Meal

### Kitchen Items:

Instant Oatmeal Packets

Bagels, English Muffins

Peanut Butter and Jelly

Tea and Coffee

Sugar and Creamer (packets only)

Energy, Granola, Protein Bars

Fresh Whole Milk

Trail Mix or Nuts in Small Packages

Fruit Juice and Juice Boxes

Water Bottles

Trash Bags

Paper Towels

New Paper Plates

### Toiletries/General Items:

Toiletry and Personal Items:

- Travel Size Shampoo and Conditioner
- Travel Size Body Soap or Shower Gel
- Toothpaste
- Deodorant
- Razors

Hairbrushes/Comb

Box Q-Tips

Bath Towels and Washcloths

Tissues

White T shirts

New Men's, Ladies, and Children Underwear

Sleeping Bags

Adult Backpacks

Liquid Laundry Detergent

Copy/Printer Paper

Pens and Permanent Markers

Staples

Binder Clips

Thank you for your support!  
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