

# CAPSL



Community Action Partnership of San Luis Obispo



San Joaquin County



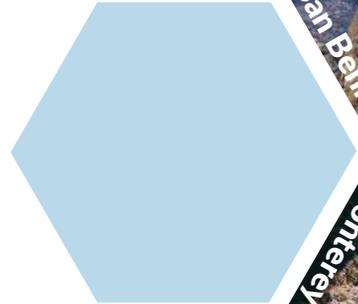
San Luis Obispo County



San Benito County



Santa Cruz County



Monterey County



Fresno County



Serving 11 California Counties!



Ventura County



Kern County



Santa Barbara County



Orange County



San Diego County

# 2018

ANNUAL REPORT

# Message from the Board of Directors President and the CEO

We would like to thank the over 1,000 Community Action Partnership of San Luis Obispo County Inc. (CAPSLO) employees that provided services to more than 36,000 individuals and 17,000 families in 2017-2018. We could not do what we do without the support of volunteers and partners in the 11 counties CAPSLO serves.

CAPSLO programs are designed to help people increase their economic stability and wellbeing. We adhere to the organizational and performance standards that Community Action Agencies nationwide are required to meet in order to ensure best practices and quality services.

The CAPSLO Board and staff stay committed to “Helping People and Changing Lives” through innovative programming and strategic collaborations that are responsive to the ongoing and emerging needs of low-income individuals and families.

Sincerely,



Frances Coughlin  
Board of Directors President



Elizabeth “Biz” Steinberg  
Chief Executive Officer



## Board of Directors

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Low Income Rep., North County

Vice President: Carlos Sosa  
Low Income Rep., Coast

Secretary/Treasurer: Mical Bovee  
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Anneka Scranton  
Private Rep.

Lisa Sperow  
Legal Consultant

# Homeless Services Programs

For nearly 30 years, **CAPSLO's Homeless Services Program** has aimed to help homeless individuals and families achieve economic stability and address obstacles to successful permanent housing. The homeless program includes emergency shelter, day and night services, education, self-help information, and assistance in finding permanent housing.

The **Maxine Lewis Memorial Shelter** provides 50 beds, 365 nights a year. Additional beds, called "overflow," are offered at faith-based locations throughout the city. The shelter provides meals, showers, referrals for employment and additional support.

During the day, the **Prado Day Center** provides showers, mail service, job application assistance, a children's playroom, yard and a community garden. Lunches are provided by People's Kitchen. Prado also services as the City of SLO's Warming Center during inclement weather.

The **Recuperative Care Program** provides beds for individuals being discharged from the hospital with nowhere else to go during the healing process.

The **Safe Parking Program** provides 7 homeless individuals who are not able, for a variety of reasons, to stay in a congregate shelter setting, with a safe and monitored location to sleep in their vehicle. Safe Parking participants are required to work with a case manager as they look towards eventual permanent supportive housing options in the community.

**Supportive Services for Veteran Families (SSVF)** helps veterans who are at risk of becoming homeless. Through funding from the Department of Veteran's Affairs, SSVF provides low-income veterans assistance with transition to permanent housing.

**100,954**  
meals served

**25,939**  
shelter nights;  
averaged 71 participants per night

**13**  
participants in the  
Safe Parking Program  
(up to 7 vehicles a night)

**3,484**  
shelter nights for children under 18

**1,126**  
people served at Prado Day Center

**29**  
people at Warming Centers on average

**29**  
Warming Center nights provided

**86**  
veterans served in SSVF\*



In November 2018, CAPSLO opened the **40 Prado Homeless Services Center**, a 24-hour, 365-day facility assisting more than 100 participants a day.

One program within the 20,000 square foot building is SLO-HUB, a therapy for individuals struggling with co-occurring mental health challenges and substance abuse. Community Health Centers (CHC) provides on-site primary care. This program complies with the ban on discrimination in housing on the basis of race, color, religion, sex, national origin, familial status and disability in accordance with the Fair Housing Act (42 U.S.C § § 3601-3619).

# Energy Programs

The Energy Services Program serves low-income households in San Luis Obispo County with no-cost weatherization services as well as minor home repair for seniors. These services are available for renters and homeowners alike based on the occupant's income.

The program provides once a year assistance with utility bills (gas, electric or propane) for low-income families through the federally-funded Low Income Home Energy Assistance Program (LIHEAP).

The Energy Services Program coordinates with the California Department of Community Services and Development, Pacific Gas and Electric, and the Southern California Gas Company for qualifying households to improve safety, energy efficiency and lower utility bills.

The Local Area Agency on Aging provides funding for the Senior Home Repair Program with no-cost minor home repair and accessibility upgrades to low-income individuals age 60 and older to improve their independence.



**192**

households LIHEAP and DOE weatherized

**1,392**

low-income households received utility assistance

**207**

seniors were provided with minor home repairs

**24**

large CBDG home repair projects completed

**138**

households were provided emergency heating and cooling assistance

**1,560**

homes weatherized under the PG&E and SoCalGas Energy Savings Assistance Programs

# Family and Community Support

The Family and Community Support's mission is to strengthen and support families and help prevent child abuse and neglect in San Luis Obispo County through parenting education, strengthening families frameworks, supporting father involvement, advocating for the needs of children and families and providing resources and referrals.

**Family Preservation & Parent Education Services** is a countywide bilingual child abuse prevention program which includes parent education and resource support services offered in the home and partners with several service providers to coordinate services and create stability. Parenting support services are offered in groups and individually to birth parents and resource parents.

The **Community Services Resource Project (2-1-1)** is a collaborative project working to create a more accessible pathway for community members to receive resource information and services through the local 2-1-1 system. Resource Specialists provide community outreach to promote 2-1-1 and ensure resource information is up to date.

The **Financial Empowerment Program** includes a Financial Resource Specialist to work one-on-one with clients to assessing their current financial situation; set goals and develop an action plan; and utilizes the "Your Money, Your Goal" toolkit. Families are offered a series of sessions or workshops to educate them on financial resources and help them reach self-sufficiency goals.

**Services Affirming Family Empowerment (SAFE)** is a community-based school-linked program designed to bring services to children and families. SAFE Parent Educators and Family Advocates provide prevention and intervention assistance. SAFE can also facilitate meetings with families and service providers in order to develop a plan of action to help find solutions to problems families may be facing. Bilingual Educators/Advocates are housed in Family Resource Centers and county mental health clinics throughout the county.

The **Teen Academic Parenting Program (TAPP)** program meets the unique needs of expecting and parenting teens by providing them with comprehensive community services through a case management approach. The TAPP Social Worker is available countywide and provides services in collaboration with the Department of Social Services, schools, and public health.

**30**

families received case management through SAFE

**163**

Family Resource Centers families served

**450,713**

people served through the 2-1-1 Community Resource Project

# Health & Prevention Programs

With a mission “to foster personal health and empowerment through access, advocacy and education,” the Health and Prevention Programs provide an array of health education and clinical services to men, women and teens in SLO County.

**The Center for Health and Prevention** reproductive health clinics, located in SLO and Arroyo Grande, offer no-cost reproductive care five days a week. The **Teen Wellness Program** provides teen-only services two days a week at each location and employs five teen staff. No-cost menopausal services are available through the Forty Wonderful program. The clinics are now collaborating with the Grizzly Youth Academy and Cuesta College to provide reproductive health care education to program cadets and students.

**Adult Wellness and Prevention Screening** provides mobile, no-cost health screening and one-to-one health education services to low income adults at sites throughout the county.

The **Liberty Tattoo Removal Program** provides laser treatments to remove anti-social tattoos for participants who have completed 16 hours of community service at a local nonprofit of their choosing.

**Health and Prevention Youth Programs** provide education and empowerment programs for thousands of teens across the county. **Project Teen Health** is a school-based teen obesity prevention program that serves Arroyo Grande, Santa Maria, Paso Robles and Nipomo High Schools. **Teen Monologues** is an annual, original teen theatre production performed in four different venues throughout the county for audiences totaling over 450 youth and adults. The **Teen Sexual Health Empowerment Project** provides students with evidence-based, comprehensive sexual health education in schools.

**2,984**

students served by the Teen Sexual Health Empowerment Project

**1,832**

unduplicated clients reached through Project Teen Health

**39**

unduplicated pregnant and parenting teens received Case Management Services

**612**

laser treatments provided by Liberty Tattoo Removal Program

**6,151**

community service hours completed by clients of Liberty Tattoo Removal Program

**6,881** patients seen during **12,897** clinic visits

## Adult Day Center

The Adult Day Center in Paso Robles provides flexible scheduling to accommodate working families and those in need of occasional respite. The center provides a safe, caring and stimulating day program for older adults experiencing memory loss or dementia related to Alzheimer’s disease Parkinson’s disease, stroke and related conditions. Qualifying veterans may eligible for no-cost services through the center’s contract with the Veterans Administration.

**27**

clients and their families served



## CAPSLO Volunteer Program

Every year, hundreds of individuals donate their time and talents to CAPSLO to help meet our mission.

**18,669** hours donated by **1,523** volunteers\*



# Children and Family Programs

**Head Start, Early Head Start, Migrant and Seasonal Head Start, and State Child Development Programs** provide comprehensive early care and education to children and their families from pre-natal stages to school entry. The programs promote healthy child development and school readiness that prepare children to be successful in school and beyond. In addition, prenatal wellness for expectant mothers and development of family skills support the educational success and economic stability of families. Migrant and Seasonal Head Start provides services designed to meet the unique needs of farmworker families.

Child and Family Services employs a team of experts in education, nutrition, family engagement, disabilities support services, and mental, behavioral, and physical health. Services are reduced or no-cost to eligible low-income families and are provided in ten California counties.

**Child Care Resource Connection (CCRC)** provides low-income families with referrals that connect them to licensed child care programs. CCRC coordinates the California Alternative Payment Program and the CalWORKs child care subsidy payments for qualifying families.

CCRC supports child care providers through professional development trainings, quality improvement workshops, and licensing assistance. The **Child and Adult Food Program (CACFP)** links licensed providers with partial reimbursements for serving nutritious food to children in their care.

**1,540**

children and their families served by Head Start and Early Head Start in 3 counties

**2,963**

children and their families served by Migrant and Seasonal Head Start in 9 counties

**101** workshops provided to **944** members of the child care community

**1,457** children and **886** families received child care subsidies

**2,604**

requests for child care info and referrals were processed

**512,364**

meals were provided for children through CACFP meal reimbursements

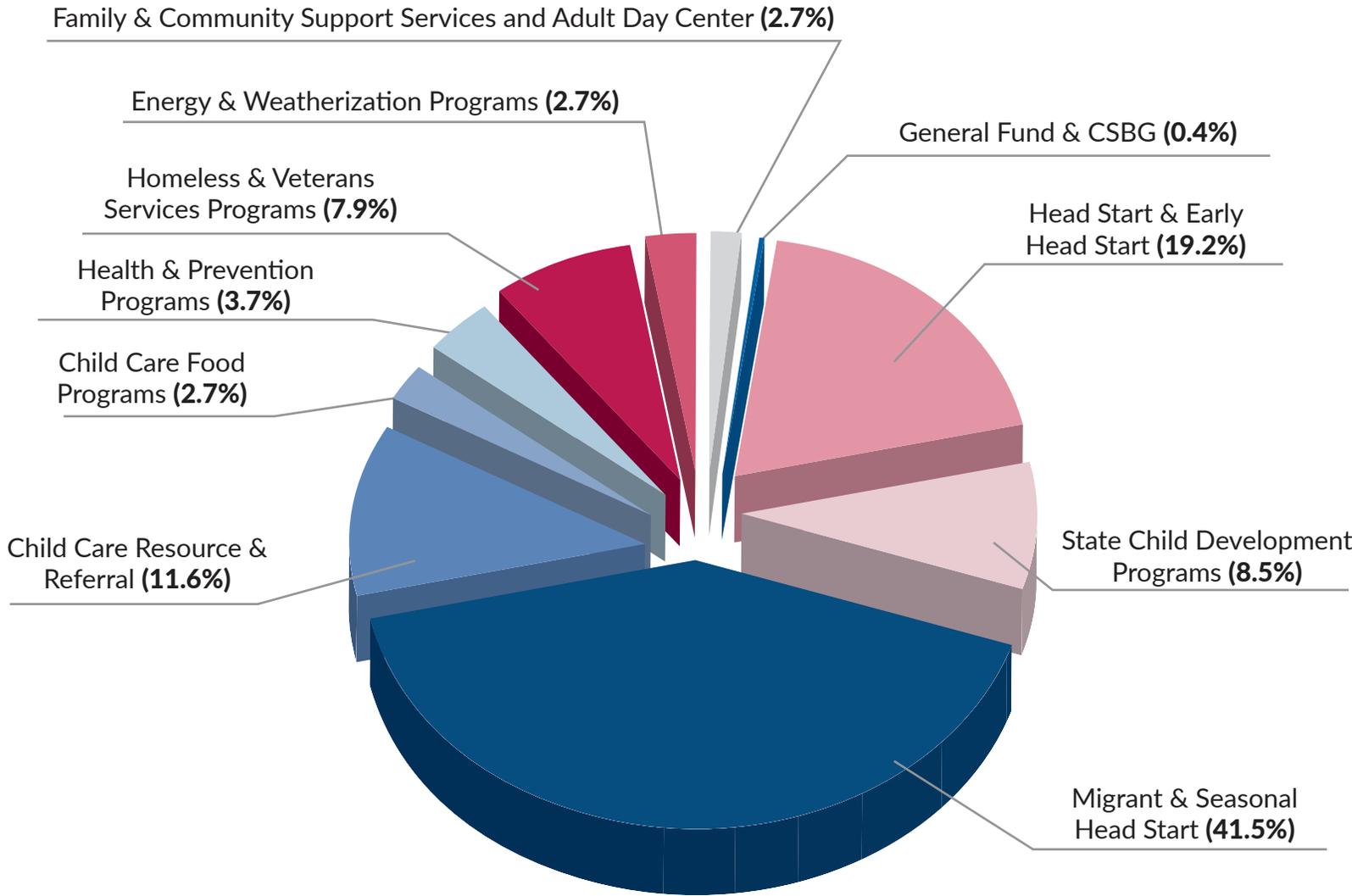
**37** centers and **40** family child care providers were supported through the Quality Rating and Improvement System

**11**

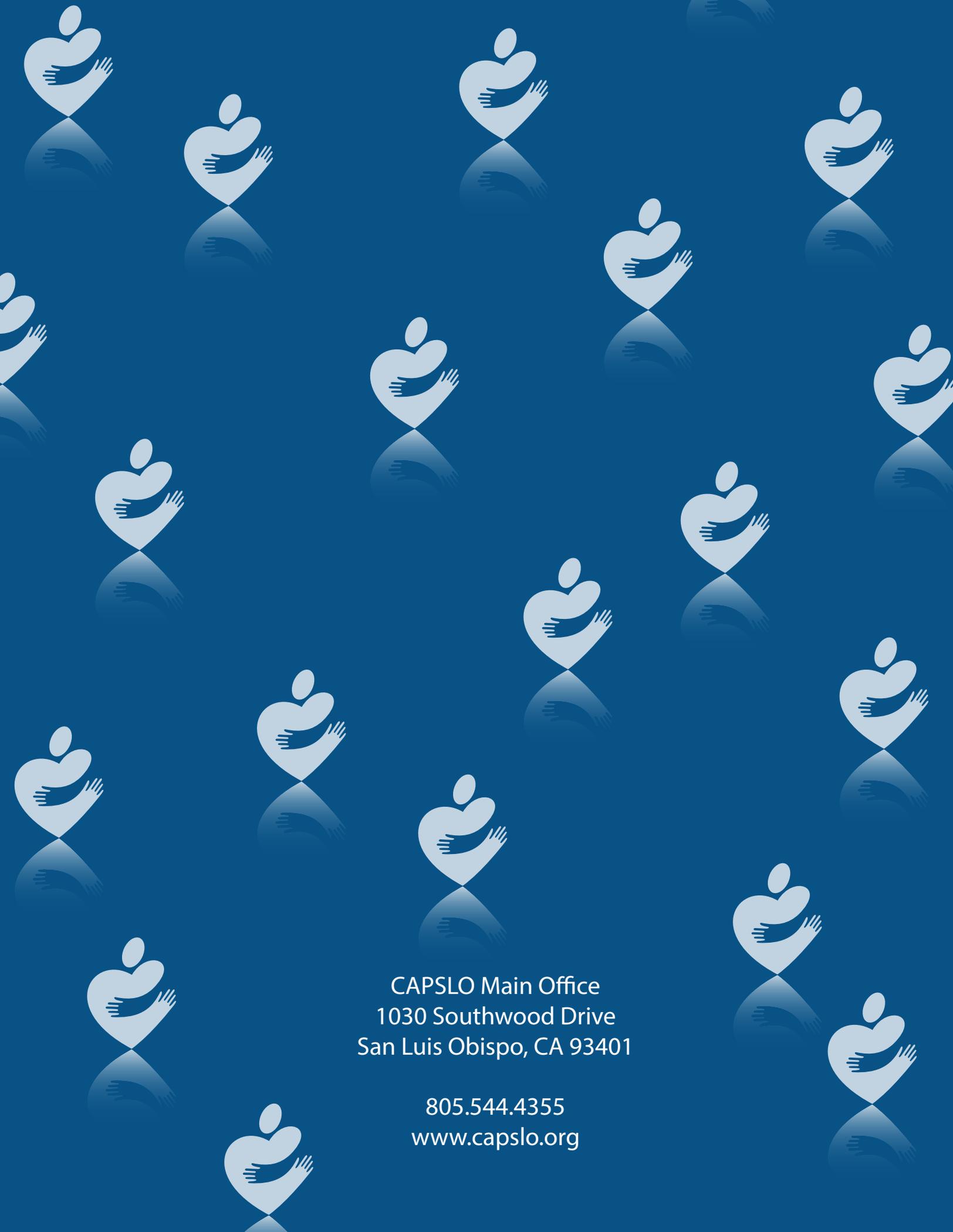
child care providers were assisted with the licensing process



# Expenditures



Program	2018 Expenditures	2017 Expenditures
General Fund & Community Services Block Grant	\$336,463	\$433,705
Head Start & Early Head Start	\$16,181,713	\$16,886,675
State Child Development Programs	\$7,110,068	\$7,588,445
Migrant & Seasonal Head Start/Early Head Start	\$34,908,424	\$33,126,667
Child Care Resource Connection	\$9,759,460	\$9,013,332
Child Care Food Programs	\$2,268,251	\$2,402,030
Health and Prevention Programs	\$3,092,184	\$3,022,672
Homeless & Veterans Services Programs	\$6,659,137	\$3,580,348
Energy Programs	\$2,305,110	\$2,746,089
Family & Community Support Services and Adult Day Center	\$1,498,482	\$1,494,057
<b>TOTAL</b>	<b>\$84,119,292</b>	<b>\$80,294,020</b>



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